

Breastfeeding Drop In

Breastfeeding Drop Ins are great places to meet other mums and find answers to questions about breastfeeding. Breastfeeding Drop in sessions are relaxed and informal. The sessions are run by staff with additional training in breastfeeding management and in some cases mothers who are trained breastfeeding support volunteers.

We know how worthwhile and enjoyable breastfeeding can be but are also aware of the help and support that many new mothers need. No appointments are necessary. No charge for attending – Just turn up.

Breastfeeding Supporters

Across the county we have around 50 trained volunteer breastfeeding supporters. The Breastfeeding Supporters have all breastfed their own children and experienced the ups and downs of breastfeeding. They are able to offer breastfeeding help, information and encouragement. You may be introduced to your local group at the breastfeeding information session run by your midwife, the volunteers can be contacted through the children's centres. You can speak to a breastfeeding supporter on the telephone or meet up at the children's centre, in a private room if you prefer.

Sure Start Children's Centres

The Government is committed to delivering a Sure Start Children's Centre for every community by 2010. Children's Centres are places where children 0-5 years old and their families can find services and information – educations, childcare, family support, health services and support for training and employment. Many of the Breastfeeding Support Projects are based in local Children's Centres. You may also find baby massage classes, groups for new mothers, health visitor drop-in and much, much more. Call 01604 237935 to find out about your local Children's Centre.

Northampton	Address	Telephone	Breastfeeding Drop In	Breastfeeding Supporters Project	Breaspump Loan/Hire
Camrose SureStart Children's Centre	Streatfield Road, Northampton, NN5 7DF	01604 585219	Mon, Wednesday and Friday 9.30 to 12.30	Call 01604 585219 to speak to a breastfeeding supporter on the telephone or to arrange to meet.	
Thorplands Children's Centre	Farm Field Court, Thorplands, Northampton, NN3 8AQ	01604 741131	Tuesday 12.00 to 1.30	Call 01604 790496/843288 to speak to a breastfeeding counsellor.	Hire charges apply
Spring Lane Baby Cafe	Spring Lane SureStart Children's Centre, Spring Lane, Northampton, NN1 2JW	01604 629114	Wednesday 9.30 to 11.30		
Kingsthorpe SureStart Children's Centre	Kingsthorpe Grove, Northampton, NN2 6NS	01604 714674	Thursday 3.45 to 5.30		
Northampton Baby Cafe	The Friends Meeting House, Wellington Street, Northampton NN1 3AS	07828 169427	Friday 10.30 to 12.30	Call 01604 843288/790496 to speak to a breastfeeding counsellor.	Hire charges apply
Daventry & South Northants	Address	Telephone	Breastfeeding Drop In	Breastfeeding Supporters Project	Breaspump Loan/Hire
Brackley Library Sure Start Children's Centre	Manor Road, Brackley, NN13 6AJ	01280 841674	Thursday 1.00 to 3.00 at Brackley Baptist Church, Waynfleet Close, Brackley NN13 6AE	Call 01280 841674 to speak to a breastfeeding supporter on the telephone or to arrange to meet.	

Daventry SureStart Children's Centre	14 Benbow Close, Southbrook, Daventry, NN11 4JP	01327 313861	Monday 1.00 to 3.00	Call 01327 313861 to speak to a breastfeeding supporter on the telephone or to arrange to meet	
Breastfeeding Support Group with the Health Visitor	The Schoolrooms, United Reformed Church, Foundry Place, Daventry (next door to Dorothy Perkins)	01327 313861	Friday 12.00 to 2.00	Call 01327 313861 to speak to a breastfeeding supporter on the telephone or to arrange to meet	
Woodford Halse SureStart Children's Centre	Scrivens Hill, Woodford Halse, Daventry, NN11 3SU	01327 264809	Monday 1.00 to 3.00	Call 01327 264809 to speak to a breastfeeding supporter on the telephone or to arrange to meet	
Guilsborough Surgery	High Street, Guilsborough, Northampton NN6 8QE	01604 740210 07920 782379	Wednesday 9.15 to 12.15	Call 01327 313861 to speak to a breastfeeding supporter on the telephone or to arrange to meet	
Towcester Leisure Centre	Springfields, Towcester, NN12 6UW	01327 350182	Mondays 1.30 to 3.00	Call 01327 313861 to speak to a breastfeeding supporter on the telephone or to arrange to meet	
Kettering	Address	Telephone	Breastfeeding Drop In	Breastfeeding Supporters	Breaspump Loan/Hire
Kettering SureStart Children's Centre	Montagu Street, Kettering, NN16 8RY	01536 311030	Monday 3.15 to 4.15	Call 01536 311030 to speak to a breastfeeding supporter on the telephone or to arrange to meet	Loan scheme
Ronald Tree Nursery School and Children's Centre	Laburnum Crescent, Kettering, NN16 9PH	01536 514240	Tuesday 11.30 to 1.00	Call 01536 311030 to speak to a breastfeeding supporter on the telephone or to arrange to meet	

Corby	Address	Telephone	Breastfeeding Drop In	Breastfeeding Supporters	Breastpump Loan/Hire
Kingswood SureStart Children's Centre	Kingswood Neighbourhood Centre, Alberta Close, Corby, NN18 9BE	01536 742677		Contact Pen Green Centre for Children and Their Families 01536 400068	
Pen Green Centre for Children and Their Families	Pen Green Lane, Corby, NN17 1BJ	01536 400068	Monday 12.45 to 2.45	Call 01536 400068 to speak to a breastfeeding supporter on the telephone or to arrange to meet	Loan
Wellingborough	Address	Telephone	Breastfeeding Drop In	Breastfeeding Supporters	Breastpump Loan/Hire
Wellingborough Breast Friends	All Saints Church Hall, Midland Road, Wellingborough NN8 1HF	01933 671700	Thursday 9.30 to 11.30	Call 01933 671700 to speak to a breastfeeding supporter on the telephone or to arrange to meet	Loan
East Northamptonshire	Address	Telephone	Breastfeeding Drop In	Breastfeeding Supporters	Breastpump Loan/Hire
Higham Ferrers Library Children's Centre	Midland Road, Higham Ferrers, NN10 8DN	01933 419759	Breastfeeding Support available at the centre please call for details	Call 01933 419759 to speak to a breastfeeding supporter on the telephone or to arrange to meet	
Irthlingborough Infant and Nursery School	Scarborough Street, Irthlingborough, NN9 5TT	01933 653765	Breastfeeding Support available at the centre please call for details	Call 01933 653765 to speak to a breastfeeding supporter on the telephone or to arrange to meet	

Manor SureStart Children's Centre	Manor School & Sports College, Mountbatten Way, Raunds, NN9 6PA	01933 624714	Wednesday 12.00 to 1.30 Breastfeeding Stay and Play, pre school children very welcome, singing and play with an experienced playworker.	Call 01933 350391 to speak to a breastfeeding supporter on the telephone or to arrange to meet	
Rushden Children's Centre	Rushden Community College, Hayway, Rushden, NN10 6AG	01933 410112	Tuesday 10.00 to 11.30	Call 01933 410112 to speak to a breastfeeding supporter on the telephone or to arrange to meet	

NCT Wellingborough, Rushden and Kettering run breastfeeding support coffee mornings and bra fitting service, call Jane Goodyear 01536 513697 for more information.

National Breastfeeding Helpline numbers – to speak to a breastfeeding counsellor, all operate 7 days a week. Breastfeeding Counsellors have undergone extensive training and are accredited with the organisation they represent.

- La Leche League 0845 120 2918 open 24 hours
- National Childbirth Trust 0300 330 0771 open 8.00am–10.00pm
- Breastfeeding Network Helpline: 0844 412 4664 open 9.30am to 9.30pm
- Association of Breastfeeding Mothers Helpline: 0844 4122 949 open 9.30am to 10.30pm
- National Breastfeeding Helpline 0844 209 0920 open 9.30am to 9.30pm

Local Breastfeeding Counsellors – Leaders trained and accredited with La Leche League GB

Carolyn 01604 790496, Emma 01604 705969, Vicki 01858 575598, Dawn 01604 780512, Ann 01604 843288
Local group meets each month, call any Leader for details.

Breastpump Hire/Loan

Local volunteer breastpump agents – collect from volunteers home, available evenings and weekends by arrangement. Hospital grade electric breastpumps.

Northampton Ann Davison 01604 843288, Carolyn Markham 01604 790496,
Kettering Jane Goodyear 01536 513697

Breastpumps loan scheme available from Kettering SureStart 01536 311030, Pen Green Centre at Corby, 01536 400068 and Wellingborough SureStart 01933 671700 – please telephone for details of how the local schemes operate.

National Breastpump Retailers. Order before 3.00pm Monday to Friday for next day delivery by courier

Medela Mail-Order Breastpump Hire Scheme phone 0870 950 5994. Rental Package (14 days): £ 65.00. Charge per 30-day hire period (after 14 days rental package): £ 40.00 www.medela.co.uk

Ardo Medical Ltd for Ameda pumps phone 01823 336362. 30 day hire plus 2 milk collection sets £55, additional 30 day hire, £35 www.ardomums.co.uk

We have tried to ensure the accuracy of information in this directory at the time of issue. Please let us know if details are incorrect or need updating or if there are additional services which could be included. Thank you.
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