

Local Breastfeeding Counsellors

Local group meets each month, call any Leader for details. Leaders trained and accredited with La Leche League GB:

Emma 01604 705969 Jane 01536 513697 Carolyn 01604 790496

Breastpump Hire/Loan

Local volunteer breastpump agents – collect from volunteers home, available evenings and weekends by arrangement. Hospital grade electric breastpumps.

Northampton Ann Davison 01604 843288
Carolyn Markham 01604 790496

Kettering Jane Goodyear 01536 513697

Breastpumps Loan Scheme available from **Kettering SureStart** 01536 311030, **Pen Green Centre**, Corby, 01536 400068 and **Wellingborough SureStart** 01933 671700 – please telephone for details of how the local schemes operate.

National Breastpump Retailers. Order before 3.00pm Monday to Friday for next day delivery by courier.

Medela Mail-Order Breastpump Hire Scheme phone 0870 950 5994. Rental Package (14 days): £40.00. Charge per 30-day hire period (after 14 days rental package): £40.00 www.medela.co.uk

Ardo Medical Ltd for Ameda pumps phone 01823 336362. 30 day hire plus 2 milk collection sets £55, additional 30 day hire, £35 www.ardomums.co.uk

Breastfeeding Drop In

Breastfeeding Drop Ins are great places to meet other mums and find answers to questions about breastfeeding. Breastfeeding Drop in sessions are relaxed and informal. The sessions are run by staff with additional training in breastfeeding management and in some cases mothers who are trained breastfeeding support volunteers.

We know how worthwhile and enjoyable breastfeeding can be but are also aware of the help and support that many new mothers need. No appointments are necessary. No charge for attending – Just turn up.

The Baby Café



There are three Baby Cafes in Northamptonshire, two in Northampton and one in Wellingborough. The Baby Cafe is similar to other Breastfeeding Drop Ins, with a relaxed, informal atmosphere. The Baby Cafe guarantees that there will be expert advice and help on hand every week. There is a higher level of skill and expertise at the Baby Cafes than at other Breastfeeding Drop Ins. You can read more about the Baby Cafe network on the website www.thebabycafe.org

Breastfeeding Supporters

Across the county we have around 50 trained volunteer breastfeeding supporters. The Breastfeeding Supporters have all breastfed their own children and experienced the ups and downs of breastfeeding. They are able to offer breastfeeding help, information and encouragement. You may be introduced to your local group at the breastfeeding information session run by your midwife, the volunteers can be contacted through the children's centres. You can speak to a breastfeeding supporter on the telephone or meet up at the children's centre, in a private room if you prefer.

Sure Start Children's Centres

The Government is committed to delivering a Sure Start Children's Centre for every community by 2010. Children's Centres are places where children 0-5 years old and their families can find services and information – educations, childcare, family support, health services and support for training and employment. Many Children's Centres offer breastfeeding support. You may also find baby massage classes, groups for new mothers, health visitor drop-in and much, much more. Call 01604 237935 to find out about your local Children's Centre.



Breastfeeding in
Northamptonshire

Directory of Breastfeeding Support
Northamptonshire



National Breastfeeding Helpline numbers

To speak to a Breastfeeding Counsellor, all operate 7 days a week, call one of the numbers alongside. Breastfeeding Counsellors have undergone extensive training and are accredited with the organisation they represent.

■ La Leche League: 0845 120 2918 open - 24 hours

■ National Childbirth Trust: 0300 330 0771 open - 8.00am to 10.00pm

■ Breastfeeding Network Breastfeeding support in Bengali and Sylhetti: Tel: 07944 879 759 open - 9.30am to 9.30pm

■ Association of Breastfeeding Mothers Helpline: 0844 4122 949 open - 9.30am to 10.30pm

■ National Breastfeeding Helpline: 0300 100 0210 open 9.30am to 9.30pm

Northampton

Northampton Baby Café
The Friends Meeting House
Wellington Street
Northampton NN1 3AS

07780 672939

Drop In:
Fri 10.30 to 12.30

Call 01604 843288 /790496 to speak to a breastfeeding counsellor.



Camrose SureStart Children's Centre
Streatfield Road,
Northampton NN5 7DF

01604 585219

Drop In:
Mon & Weds
9.00 to 12.00

Call to speak to a breastfeeding supporter on the telephone or to arrange to meet.

Thorplands Children's Centre
Farm Field Court,
Thorplands,
Northampton NN3 8AQ

01604 741131

Drop In:
Tue 12.30 to 1.30

Call to speak to a breastfeeding supporter on the telephone or to arrange to meet.

Spring Lane Baby Café
Spring Lane
Children's Centre,
Primary School,
Northampton NN1 2JW

01604 620484
07795 110109

Drop In:
Wed 9.30 to 11.30

Call to speak to a breastfeeding supporter or to arrange to meet.



Kingsthorpe SureStart Children's Centre
St David's Road,
Northampton NN2 7QJ

01604 791537

Drop In:
Thurs 3.30 to 5.30

Breastfeeding Support available at the centre. Please call for details or to arrange to meet a breastfeeding supporter.

Gloucester Nursery School & Children's Centre
Cambourne Close
Northampton NN4 8PH

01604 762251

Breastfeeding Support available at the centre. Please call for details or to arrange to meet a breastfeeding supporter.

Headlands SureStart Children's Centre
Bushland Road
Northampton NN3 2NS

01604 411440

Breastfeeding Support available at the centre. Please call for details or to arrange to meet a breastfeeding supporter.

Vernon Terrace SureStart Children's Centre
Vernon Terrace
Northampton NN1 5HE

01604 633894

Drop In:
Weds 2.00 to 4.00

Breastfeeding Support as part of a Baby Group, please ask for Jane at any other time.

Blackthorn SureStart Children's Centre
The Community Centre,
Longmead Court,
Blackthorn Northants NN3 8QD

01604 411166

Drop In:
Mon 1.30 to 4.00

Breastfeeding Support as part of a Family Health Drop In, please ask for Kay at any other time.

Duston Library SureStart Children's Centre
Pendle Road,
Duston,
Northampton NN5 7DF

01604 752891

Drop In:
Mon 2.00 to 3.00

Breastfeeding Support as part of a Baby Group, please ask for Sarah at any other time.

Corby

Pen Green Centre for Children and Their Families
Pen Green Lane
Corby, NN17 1BJ

01536 400068

Drop In:
Mon 12.45 to 2.45

Call to speak to a breastfeeding supporter or to arrange to meet.

Breast Pump Loan Scheme

Kettering

Kettering SureStart Children's Centre
Montagu Street
Kettering NN16 8RY

01536 311030

Drop In:
Tues 11.15 to 12.30
ask for Shell at any other time

Call to speak to a breastfeeding supporter or to arrange to meet.

Breast Pump Loan Scheme

Daventry & South Northamptonshire

Brackley Library SureStart Children's Centre
Manor Road
Brackley NN13 6AJ

01280 841674

Breastfeeding Support available at the centre. Please call for details or to arrange to meet a breastfeeding supporter.

Daventry SureStart Children's Centre
14 Benbow Close,
Southbrook
Daventry NN11 4JP

01327 313861

Drop In:
Mon 1.00 to 3.00

Call to speak to a breastfeeding supporter on the telephone or to arrange to meet.

Breastfeeding Support Group
with the Health Visitor
The Schoolrooms,
United Reformed Church,
Foundry Place,
Daventry (next door to Dorothy Perkins)

01327 313861

Drop In:
Fri 12.00 to 2.00

Call to speak to a breastfeeding supporter or to arrange to meet.

Woodford Halse SureStart Children's Centre
Scrivens Hill,
Woodford Halse
Daventry NN11 3SU

01327 264809

Drop In:
Wed 9.00 to 4.00
with the Health Visitor
Tues 10.00 to 3.00
Fri 10.00 to 12.00
or call Chris or Nicky

Call to speak to a breastfeeding supporter or to arrange to meet.

Weedon
The Village Hall,
West Street,
Weedon, Northants NN7 4PQ

01327 264809

Drop In:
Thurs 10.15 to 12.30
with Nicky from Woodford Halse SureStart Children's Centre.

Guilsborough Surgery
High Street,
Guilsborough
Northampton NN6 8QE

01604 740210
07920 782379

Drop In:
Wed 11.00 to 1.00

Call 01327 313861 to speak to a breastfeeding supporter or to arrange to meet.

Towcester Leisure Centre
Brook Health Centre
Swinneyford Rd
Towcester NN12 6HD

01327 323900

Drop In:
Mon 11.00 to 12.30

Call 01327 313861 to speak to a breastfeeding supporter or to arrange to meet.

East Northamptonshire

Higham Ferrers Library Children's Centre
Midland Road
Higham Ferrers NN10 8DN

01933 419759

Breastfeeding Support available at the Centre. Please call for details or to arrange to meet a breastfeeding supporter.

Irthlingborough Infant and Nursery School
Scarborough Street
Irthlingborough NN9 5TT

01933 653765

Breastfeeding Support available at the centre. Please call for details or to arrange to meet a breastfeeding supporter.

Manor SureStart Children's Centre
Manor School & Sports College
Mountbatten Way
Raunds, NN9 6PA

01933 624714

Drop In:
Wed 12.00 to 1.30
with the Health Visitor

Breastfeeding Stay & Play, pre school children welcome.

Rushden Children's Centre
RushdenCommunity College
Hayway, Rushden NN10 6AG

01933 410112

Breastfeeding Support available at the centre. Please call for details or to arrange to meet a breastfeeding supporter.

Wellingborough

Wellingborough Baby Café
All Saints Church Hall
Midland Road
Wellingborough NN8 1HF

07780 672939

Drop In:
Thur 9.30 to 11.30
with Wellingborough Breast Friends
Call 01933 671700 to speak to a breastfeeding supporter or to arrange to meet.

